Greetings Brothers,

The issue of Substance abuse and excessive drink in our culture is harmful to our short - term health. I was a young man in a time of my life. I though drinking was a harmless act, to become intoxicated with alcohol when I was becoming a Young adult. I was wrong, Alcohol had the power to change my relations with women and it had an effect on my thought pattern I did not agree with. I joined groups with Alcoholics Anonymous and I did not reject the idea of a formula to solve addiction of Alcohol. I did not reject this idea of meeting in assembly to solve Alcoholism. My faith in the local churches strengthened my will to reject this destructive pattern of social misbehavior and intoxication. I used to think I could experiment with Alcohol and drink in excess to alter my mood. This is not true. This liquid it affects the body, and it causes a dependant or preference to the liquid being in the body and it can last for a very long time. No matter what the effects of Alcohol, I will continue to place my faith in the Group Alcoholics Anonymous, I know liquids like this can cause changes in the body and lead to self destruction. I know to never reject this idea of a Fellowship in assembly to share and support another man in need. To overcome this disease is not simple and the help is essential for our groups to remain healthy and useful. I am grateful for very minute and hour that was spared to me as a brother who needed this help. Thanks to AA I know how to be better and how to avoid Alcohol when I have a urge or weakness and to use our fellowship to become healthier.

Thank You.

"The Strength of Brotherhood: A Journey Beyond Alcohol"

"Faith, Fellowship, and Freedom from Addiction"

"Together in Recovery: A Testament to AA’s Power"

"Finding Strength in Fellowship: A Brother’s Path to Sobriety"

"Embracing Change: How AA and Brotherhood Saved My Life"

Greetings Brothers,

In SA I have learned many things. I have participated in the groups in the name of recovery and faith in a higher power. It is my admission, I was unable to continue my functional routine, without the act of excessive sex and masturbation, I had experienced a sort of disease, my sex addiction was like a worm in my heart stealing the attention I made use of and I had thoughts of abusing others and taking great pleasures in acts of unnecessary sex. Every image of the opposite sex and naive young men was arousing and I had a desire to partake in the forbidden. I was on the internet frustrated with this addiction and I came across SA and a Phone number for a local group. I had a bad habit of working myself into fit that seemed to have no solution other than the act of sex. The telephone call was not unpleasant and someone was more than prepared to give me assistance. Within a few days I had a new change of clothes, a sponsor to assist in transportation, and faith SA. I had faith in the meetings and my devotion in a higher power, I can overcome this physical addiction. I know that using this group I can again make contact with others and remove my self from this desire to be overcome with anger and need to include myself in the most intimate parts of others.

Thank You S.A.

From Darkness to Light: Overcoming Sex Addiction with SA